

BREAKFAST, LUNCH & SNACK AT CDC

November 2020

MONDAY

Pancakes, Sausage Links, Applesauce **2**

Zoo Chicken Nuggets, Whole Grain Bread, Tater Tots, Peaches

Mini Cookies

Egg & Cheese Omelett, Hash Browns, Pears **9**

Macaroni & Cheese, Rolled Sliced Turkey, Corn, Pineapple

Kelloggs Strawberry Fruit Bar

Egg Patty, Hash Brown, Peaches **16**

Hot Roasted Turkey W / Gravy, Whole Grain Bread, Tater Tots, Green Beans, Pears

Cheez It Crackers

Mini Waffle, Sausage Links, Pears **23**

Zoo Chicken Nuggets, Whole Grain Bread, Tater Tots, Peaches

Pretzels

Egg & Cheese Omelett, Hash Browns, Pears **30**

Beef Cheeseburger Slider, Whole Grain Bun, Smiley Fries, Blueberries

Cookie Bug Bites

TUESDAY

Muffin W / Strawberries **3**

Chicken & Gravy, White Rice, Green Beans, Pineapple

Cookie Bug Bites

Mini Waffles / Strawberries **10**

Beef Hamburger Slider, Whole Grain Bun, Smiley Fries, Blueberries

Pretzels

Pancakes, Sausage Links, Pineapple **17**

Turkey Meatball Sub W / Sauce, French Fries, Applesauce

Cookie Bug Bites

Cereal W / Strawberries **24**

Italian Cheese Dunkers W / Marinara Sauce, Applesauce, Pears

Cheddar Cheese Cubes

WEDNESDAY

French Toast Sticks W / Blueberries **4**

Fish Sticks, Whole Grain Bread, Corn, Mandarin Oranges

Goldfish Crackers

Cereal / Blueberries **11**

Chicken Patty W / Whole Grain Bun, Tater Tots, Applesauce

Cheddar Cheese Cubes

French Toast Sticks W / Strawberries **18**

Meatloaf W / Whole Grain Bread, Mashed Potatoes, Applesauce

Whole Grain Krispie Treats

Muffin W / Blueberries **25**

Roasted Turkey, Mashed Potatoes, Gravy, Stuffing, Corn, Mandarin Oranges

Mini Cookies

THURSDAY

Egg Patty, Sausage Links, Pears **5**

Boneless Chicken Dings, Whole Grain Bread, Green Beans, Apple Slices

Cheez It Crackers

Pancakes, Sausage Links, Pears **12**

Philly Steak Cheese Sub, Fries, Mandarin Oranges

Mini Cookies

Cereal W / Blueberries **19**

Grilled Cheese Sandwich, Chicken Noodle Soup, Green Beans, Mandarin Oranges

Kelloggs Strawberry Fruit Bar

26

HAPPY THANKSGIVING!

FRIDAY

Cereal W / Strawberries **6**

Big Daddy's Cheese Pizza, Corn, Applesauce

Whole Grain Krispie Treats

Breakfast Pizza, Peaches **13**

Chicken Nuggets, Whole Grain Bread, Corn, Apple Slices

Kelloggs Green Apple Fruit Bars

Muffin W / Yogurt, Pears **20**

Chicken & Biscuits, Mashed Potatoes, Peaches

Cheddar Cheese Cubes

27

CENTERS CLOSED!



MENU SUBJECT TO CHANGE AT ANY TIME

Whole White Milk & 1% White Milk served daily with each meal.

Options for Cereal – Cheerios, Rice Crispy and Corn Flakes

Daily Substitutes: Ham & Cheese Sandwich, Vegetarian Sandwich, Assorted Cereal, Condiments Available Daily (Ranch, Ketchup & Syrup)