

# BREAKFAST, LUNCH & SNACK AT CDC

**October 2021**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**MENU SUBJECT TO CHANGE AT ANY TIME**

Whole White Milk & 1% White Milk served Daily with each meal.

Options for Cereal – Cheerios, Rice Crispy and Corn Flakes

<p>WG Mini Waffles, Sausage, Links, Mandarin Oranges <b>4</b></p> <p><b>Macaroni &amp; Cheese, Rolled Turkey, Green Beans, Pears</b></p> <p>WG Bug Bites</p>	<p>Cereal / Strawberries <b>5</b></p> <p>Chicken Alfredo Over Egg Noodles, Corn, Apple Slices</p> <p>WG Blueberry Bread Loaf</p>	<p>WG English Muffin, Sausage Links, Orange Wedge <b>6</b></p> <p>Cheese Ravioli, WG Bread Stick, Green Beans, Pineapple</p> <p>WG Nacho Chips</p>	<p>WG Mini Loaf Banana Bread, Vanilla Yogurt <b>7</b></p> <p>Mini Meatball Slider, WG Bun, Fries, Orange Wedge</p> <p>Cheese Sticks</p>	<p>Egg &amp; Cheese Bites, Hash Browns, Pineapple <b>1</b></p> <p>WG Cheese Pizza, Corn, Applesauce</p> <p>Pretzels</p>
<p>Egg &amp; Cheese Omelet, Mandarin Oranges <b>11</b></p> <p>Chicken, WG Biscuit, Mashed Potatoes, Banana</p> <p>WG Square Graham Snack Crackers</p>	<p>Cereal W / Blueberries <b>12</b></p> <p>Walking Tacos, WG Chips, Tater Tots, Applesauce</p> <p>Banana</p>	<p>WG Mini Pancakes, Bacon, Applesauce <b>13</b></p> <p>Ham &amp; Cheese or Tky Sub, WG Bun, Green Beans, Pears</p> <p>Pretzels</p>	<p>WG Banana Loaf Bread, Vanilla Yogurt, Pineapple <b>14</b></p> <p>WG Mini Corn Dog, Fries, Mandarin Oranges</p> <p>Banana</p>	<p>WG French Toast Sticks, Bacon, Pineapple <b>8</b></p> <p>WG Cheese Pizza, Corn, Applesauce</p> <p>WG Sun Chips</p>
<p>WG French Toast, Bacon, Mandarin Oranges <b>18</b></p> <p>Beef Cheeseburger Slider, WG Bun, Fries, Pineapple</p> <p>WG Square Graham Snack</p>	<p>Cereal / Strawberries <b>19</b></p> <p>Popcorn Chicken, Mashed Potatoes, Corn, Applesauce</p> <p>WG Nacho Chips</p>	<p>Egg &amp; Cheese Bites, Hash Browns, Pineapple <b>20</b></p> <p>Mini Meatball Slider, WG Bun, Green Beans, Mandarin Oranges</p> <p>Orange Wedge</p>	<p>WG Mini Pancakes, Sausage Links, Pears <b>21</b></p> <p>Chicken Patty, WG Bun, Fries, Orange Wedge</p> <p>WG Bug Bites</p>	<p>Mini Cinnamon Roll, Strawberries <b>15</b></p> <p>WG Cheese Pizza, Corn, Applesauce</p> <p>WG Nacho Chips</p>
<p>WG English Muffin, Sausage Links, Mandarin Oranges <b>25</b></p> <p>Hot Roasted Tky, WG Bread, Mashed Potatoes, Corn, Pears</p> <p>Pretzels</p>	<p>Cereal / Strawberries <b>26</b></p> <p>Noodles &amp; Meatballs, Red Sauce, Green Beans, Pineapple</p> <p>WG Bug Bites</p>	<p>WG Mini Loaf Banana Bread, Pineapple <b>27</b></p> <p>Italian Dunkers on WG Bread Sticks, Carrots, Applesauce</p> <p>WG Sun Chips</p>	<p>Egg &amp; Cheese Omelet, Mandarin Oranges <b>28</b></p> <p>Chicken &amp; Waffle's, Corn, Blueberries</p> <p>WG Mini Loaf Blueberry Bread</p>	<p>WG French Toast Sticks, Bacon, Pineapple <b>29</b></p> <p>WG Cheese Pizza, Carrots, Applesauce</p> <p>WG Nacho Chips</p>

**Daily Substitutes: Ham & Cheese Sandwich, Vegetarian Sandwich, Assorted Cereal, Condiments Available Daily (Ranch, Ketchup & Syrup)**